

Memories Matter with Souvenaid®



FEATURES

- ✓ Contains the same multinutrient combination as Souvenaid liquid, proven to slow the decline in memory in early Alzheimer's disease when taken daily for at least 6 months.¹⁻³
- ✓ A unique combination of nutrients which provide the nutritional building blocks to support synapse formation.⁴
- ✓ Souvenaid® Connections support program available, helping everyone to experience the clinical outcomes available.
- ✓ Convenient format for travel & storage.
- ✓ Available in 2 delicious flavours.

DIRECTIONS FOR USE

- STEP 1:** Add 3 scoops of powder to a glass.
- STEP 2:** Add 100 ml of water to the powder and stir with a fork until mixed.
- STEP 3:** Consume entire serve immediately after preparation.

PURCHASE SOUVENAID®

- Order online at www.souvenaid.com.au
- Phone Souvenaid® customer care team on **1800 319 420**.
- Buy in-store from your **local pharmacy**.

IMPORTANT NOTICE

- For oral consumption only.
- Must be used under medical supervision.
- Not suitable as a sole source of nutrition. Only to be used in addition to the normal diet.

STORAGE

Store in a cool dry place. Use before the date on tin bottom. After opening, keep tin airtight & use contents within two weeks.



AVAILABLE IN 2 DELICIOUS FLAVOURS:

- Vanilla and Banana
- Lemon and Orange

Please see back for Vanilla and Banana ingredients.

NOW AVAILABLE IN POWDER

Souvenaid®
hcp.souvenaid.com.au

NUTRITIONAL INFORMATION

Serving size: Approximately 122 mL prepared Servings per pack: 12		Average Quantity per Serving
Energy	kcal	133
	kJ	556
Protein	g	3.3
Carbohydrate	g	17.3
- sugars	g	9.4
- lactose	g	3.6
Fat, total	g	5.5
- phospholipids	mg	106
- saturated	g	1.8
- polyunsaturated	g	2.3
- Eicosapentaenoic acid (EPA)	mg	300
- Docosahexaenoic acid (DHA)	mg	1200
- monounsaturated	g	1.2

Minerals		
Sodium	mg	200
Potassium	mg	247
Calcium	mg	82
Phosphorus	mg	153
Magnesium	mg	26
Chloride	mg	63

Vitamins		
Vitamin A	µg-RE	207
Vitamin D	µg	1.0
Vitamin E	mg α-TE	40
Vitamin K	µg	7.9
Vitamin C	mg	482
Thiamin (B₁)	mg	0.19
Riboflavin (B₂)	mg	0.22
Niacin (B₃)	mg	2.3
Vitamin B₆	mg	1.0
Vitamin B₁₂	µg	3.0
Folic acid	µg	400
Pantothenic acid (B₅)	mg	0.67
Biotin	µg	5.0

Serving size: Approximately 122 mL prepared Servings per pack: 12		Average Quantity per Serving
Trace Elements		
Choline	mg	400
Iron	mg	2.0
Zinc	mg	1.5
Manganese	mg	0.43
Copper	mg	0.22
Iodine	µg	20
Molybdenum	µg	12.8
Selenium	µg	60
Chromium	µg	8.4
Uridine 5' monophosphate	mg	625



Ingredients[^] (Vanilla and Banana flavour only)

Dried omega LCPUFAs[#] (tuna **fish** oil, glucose syrup, sodium caseinate (**milk**), antioxidants (sodium ascorbate, mixed tocopherols, ascorbyl palmitate), whey protein (**milk**), dipotassium phosphate, emulsifier (471), anti-caking agent (551), skim **milk** powder, maltodextrin, sugar, flavour (vanilla and banana, contains **soy**), choline bitartrate, uridine 5' monophosphate, **soy** lecithin.

[#]Long Chain Polyunsaturated Fatty Acids.

Minerals

Potassium, sodium, phosphorus, magnesium, iron, zinc, manganese, copper, selenium, iodine, molybdenum, chromium.

Vitamins

Vitamins (A, B₁, B₂, B₃, B₅, B₆, B₁₂, C, D₃, E, K), folic acid, biotin.

Allergen Information

Contains **milk, fish, soy**.

For more information visit hcp.souvenaid.com.au or call 1800 319 420.

References: [^]Please note the ingredients list is for vanilla and banana flavour only. 1. Scheltens P et al. Alzheimers Dement 2010; 6: 1-10. 2. Scheltens P et al. J Alzheimers Dis 2012; 31: 225-236 3. Soininen H et al. Alzheimer's Dement. 2020; 1-12 4. Sijben et al. OCL 2011;18:267-270

There are minor variations in the ingredients list between different flavours. For the full ingredients list, please contact the Souvenaid® customer care team on 1800 319 420.

Abbreviations: DHA: docosahexaenoic acid, EPA: eicosapentaenoic acid (DHA & EPA are omega-3 polyunsaturated fatty acids).

Souvenaid® is a food for special medical purposes for the dietary management of early Alzheimer's disease. Souvenaid® must be used under medical supervision. Nutricia Life-Transforming Nutrition, Talavera Corporate Centre, Level 4, Building D, 12 - 24 Talavera Road, Macquarie Park, NSW 2113. NC4004-Dec21